# Wet Room Concept



















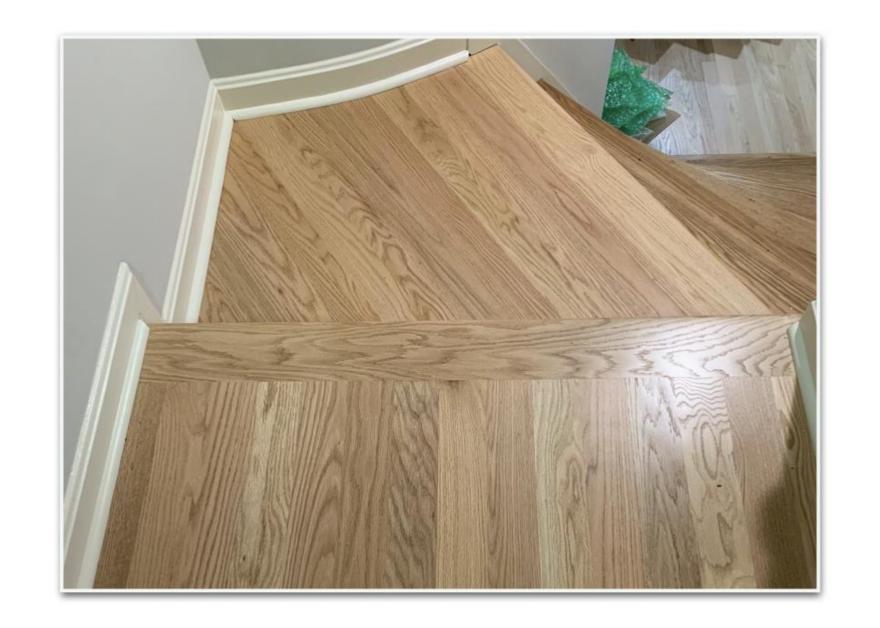


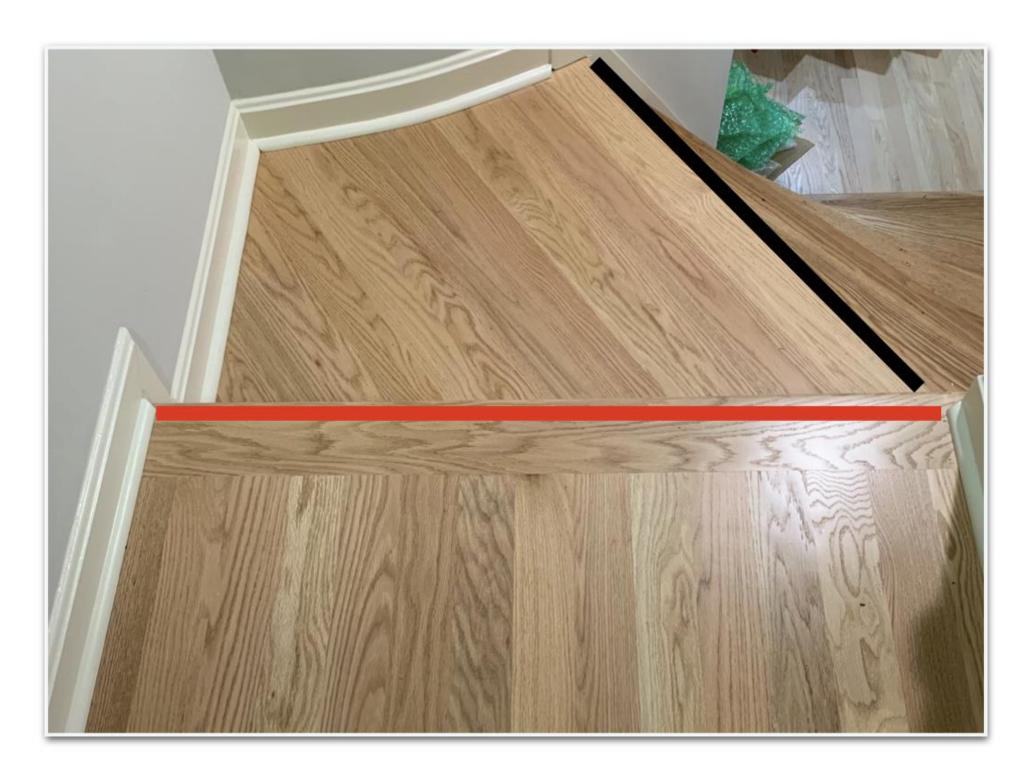
## RECOMMENDED LIGHT LEVELS (IN LUMENS) BY AGE (IN YEARS)

Area/Activity	20s	40s	60s	80s
Hallways & Walkways	21	43	86	129
Conversation	27	64	108	161
Bathroom / Makeup	161 Architects Engin	323 eers Designers	646	968
Reading	269	538	1076	1614
Kitchen Counter	404	807	1614	2421
Hobbies (sewing, model building)	538	1076	2152	3228

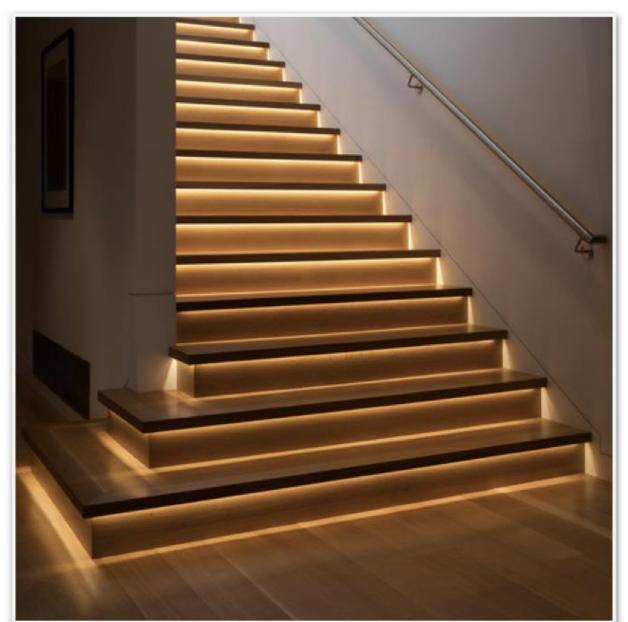
source : Lamps USA











How well lit are the danger zones: stairs, bathrooms, kitchens?

- 1) replace light bulbs
- 2) Use LEDs or consider full spectrum bulbs which increases contrast, clarity while decreasing glare
- 3) avoid lamps with direct sight of bulb.
  Instead use lamps (torchieres) that project light.
- 4) Change wall color.

  Dark walls absorb light and can require 4x more light.

  Glossy paint creates glare.

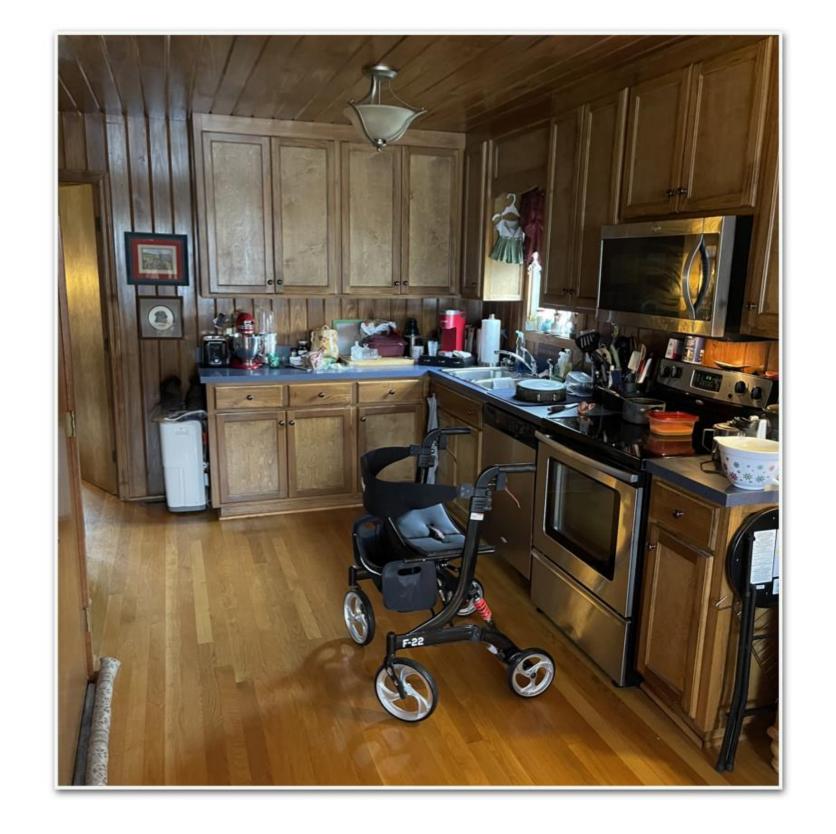
  Matte paint reduces glare
- 5) Lamps with GOOD, REACHABLE light switches if not, try a clapper, or wire outlets so they are controlled by a wall switch or hook up to wifi programs
- 6) Theater lighting for stairs
- 7) LED strips under kitchen cabinets
- 8) Open up the curtains!
- 9) Use outlet covers with night lights

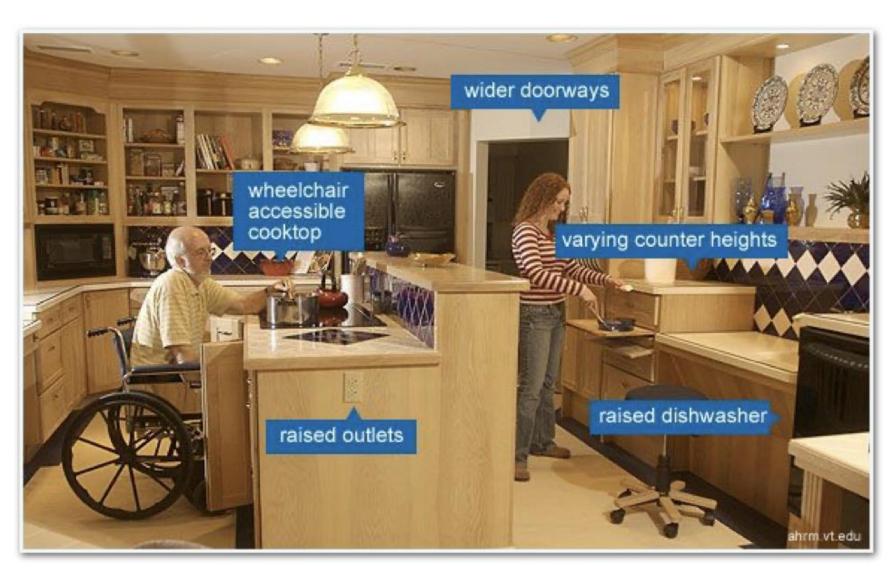






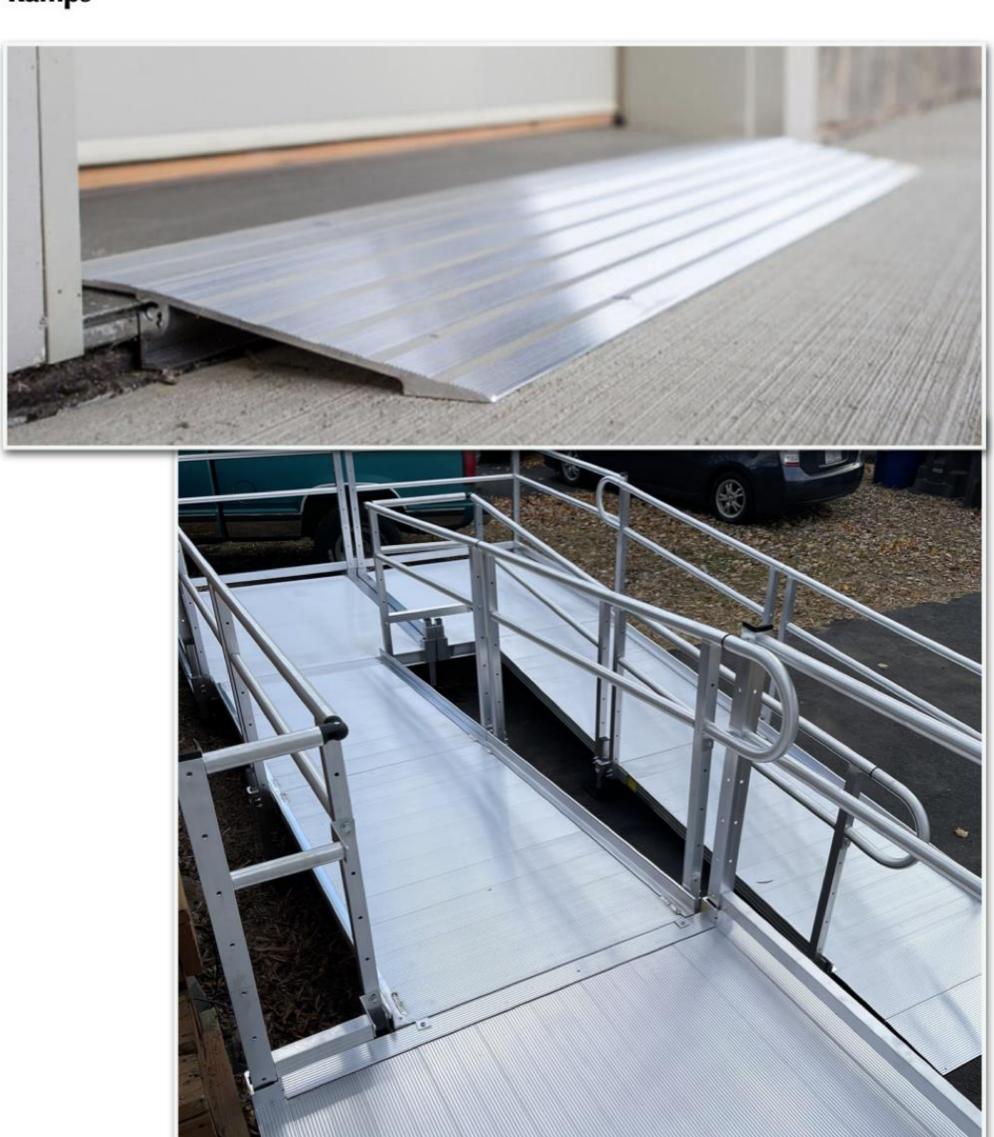




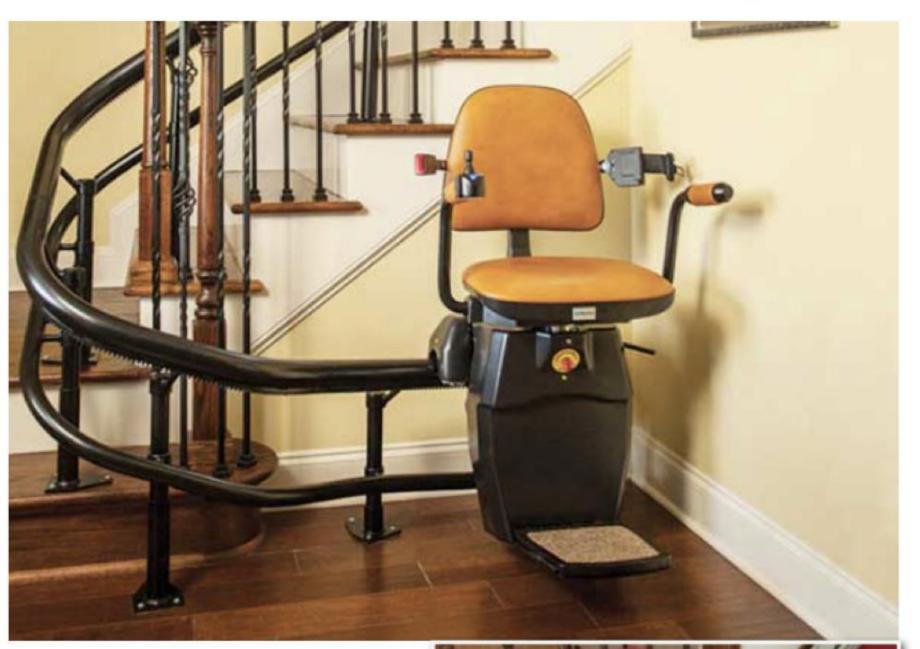


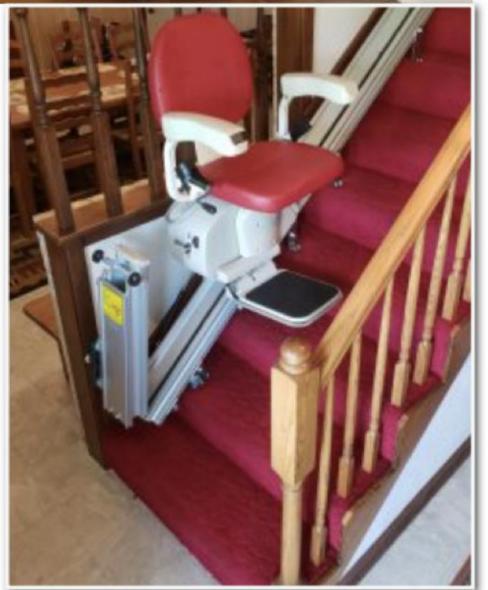
### **Transversing levels**

3 ways to get from one level to another, be it inside or outside **Ramps** 



Stairlifts approximately \$4000 for a straight \$12,000 plus for a curved





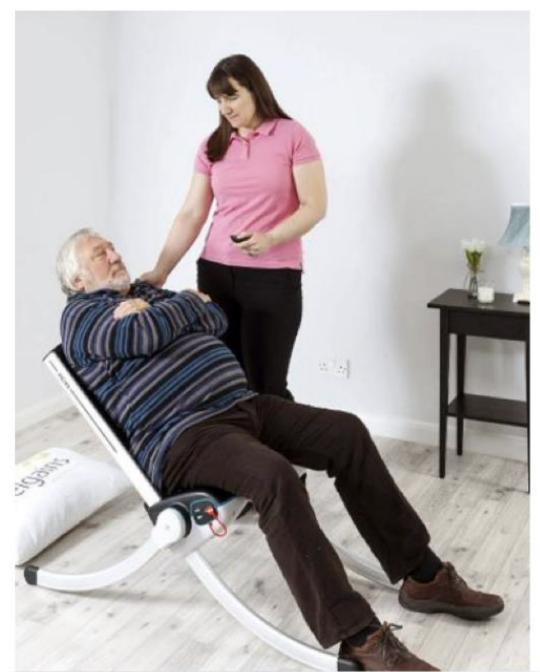
VPL - Vertical Power Lift

perhaps \$12,000 in a garage to \$35,000 + for removing stairs and installing.













#### Scooters



#### **Power Wheel Chairs**

